

**D**omestic Violence has no age limits. Society tends to believe that victims of abuse are mostly young women, but that is far from the truth.

Older battered people are economically vulnerable and may fear poverty, homelessness, or loss of medical benefits.

### **Domestic Violence Later in Life**

Elder domestic violence includes physical, verbal, sexual, financial, and emotional abuse. Victims often feel isolated and powerless. It affects both older women and men.

### **Possible abusers**

- Intimate partners, such as spouses and domestic partners
- Adult children
- Other family members
- Caregivers

### **About Next Door**

**N**ext Door Solutions to Domestic Violence is a non-profit, multi-cultural agency dedicated to providing interactive and progressive solutions to domestic violence, addressing all sides of the issue. Serving Santa Clara County since 1971, Next Door offers a range of services to women, men, and children in abusive relationships, starting with emergency intervention and continuing through self-sufficiency. These services contribute to our clients' ability to end the cycle of violence in their lives and the lives of their children.

**We thank the following organizations for their partial support of the M.A.V.E.N. Program:**

#### **Program:**

Healthy Neighborhood Venture Fund

Maternal, Child and Adolescent Health Branch

**Next Door welcomes all victims of domestic violence. We do not discriminate in the basis of race, color, age, gender, sexual orientation, national origin, religion, military status, pregnancy, or disability.**

All phone calls made to Next Door will be kept confidential.



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[www.nextdoor.org](http://www.nextdoor.org)

**24-Hour Hotline  
(408) 279-2962**

*“Domestic Violence can happen at any age.  
Help for mature adults is just a phone call away.”*

**M.A.V.E.N.  
PROGRAM**



*Mature Alternatives for  
Violent Environments Now*



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*English Version*

## About M.A.V.E.N.

**N**ext Door recognizes domestic violence against people over the age of 50 as a serious problem and started the Mature Alternatives for Violent Environments Now (M.A.V.E.N.) Program to provide domestic violence services appropriate to the needs of this age group. As the only one of its kind in the South Bay area, this program seeks to address the unique problems that affect mature victims of domestic violence.

At M.A.V.E.N, clients can seek help in a safe environment away from their abuser. This program includes support groups, field trips, and community outreach.

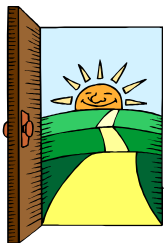


### Possible Barriers to Getting Help

- Fear of more abuse
- Fear of alienation or loss of caregivers
- Caregivers may discourage the victim from taking action
- Divorce is not viewed as a viable option for many older people
- Fear of being placed in a nursing home
- Fear of losing home and property
- Ageist attitudes in the workforce
- Lack of affordable housing
- Cultural issues

## SERVICES

- Education on domestic violence awareness of older victims
- Support groups for survivors
- Quarterly field trips
- Promoting and enhancing self-esteem
- Learning communication skills
- Stress reduction encouragement
- Assisting each participant in recognizing and expressing one's emotions
- Outreach to senior centers, faith congregations, and health care providers
- Referral to other services
- And more



**Your problems are confidential.**

**You will be safe with us.**

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**If you would like to receive help or get more information, please call:**

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